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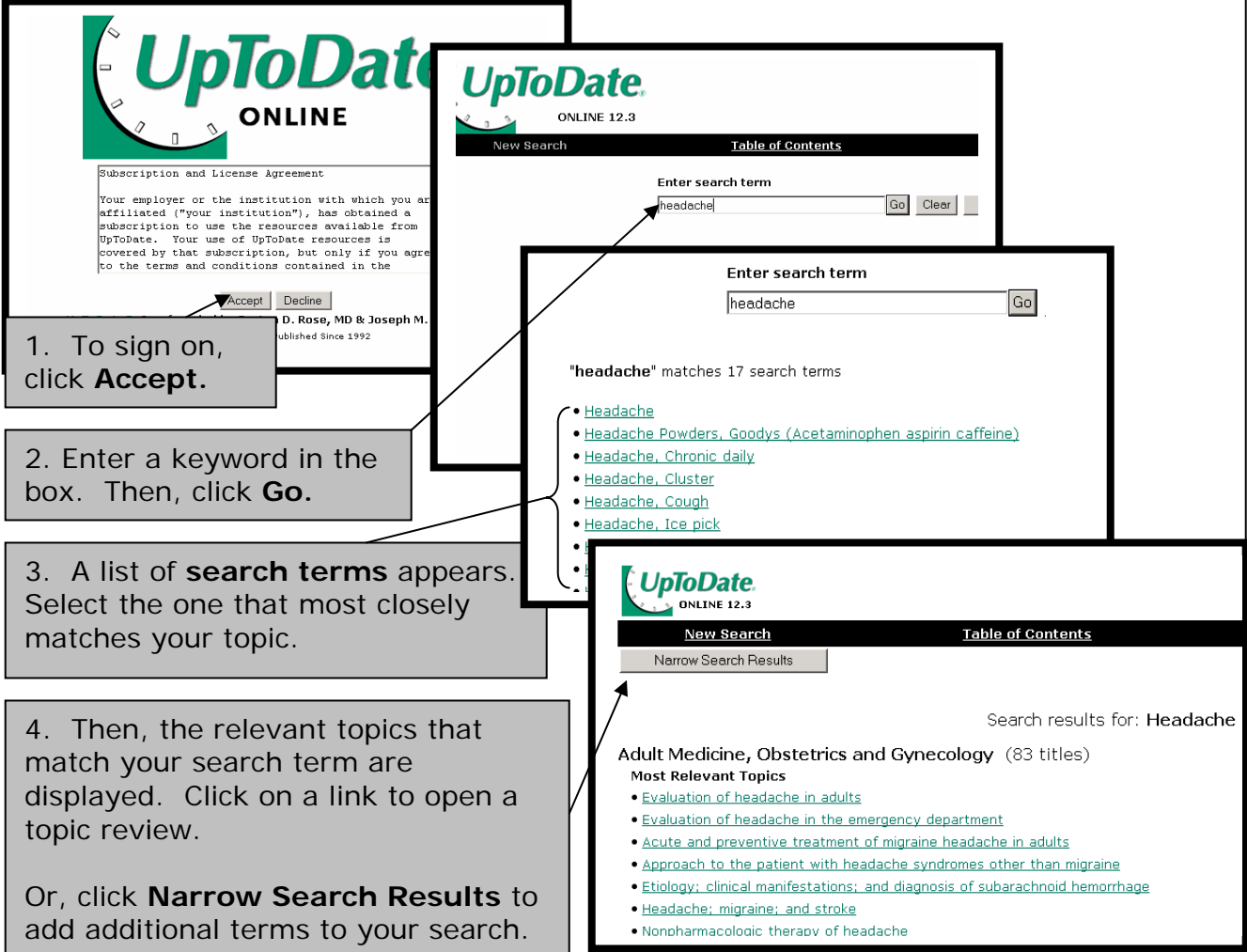
Introduction to

The Levy Library provides institution-wide access to the popular clinical resource, UpToDate. Written by physicians, UpToDate includes fully referenced topic reviews that address clinical questions from internal medicine and medical subspecialties, family practice, obstetrics and gynecology, and pediatrics.

UpToDate is a practical clinical information resource that aims to synthesize the latest evidence and best practices and provide detailed recommendations for patient care. It is written by a recognized faculty of experts who each address a specific clinical issue.

Access UpToDate: Go to the Levy Library's homepage www.mssm.edu/library and select the **Databases** button. UpToDate is listed under the **Medicine** category. For off-campus access to any library resource, including UpToDate, you must log in with your MSSM username and password.

When you select UpToDate from the list of databases, you will see the screens below.



1. To sign on, click **Accept**.
2. Enter a keyword in the box. Then, click **Go**.
3. A list of **search terms** appears. Select the one that most closely matches your topic.
4. Then, the relevant topics that match your search term are displayed. Click on a link to open a topic review.

Or, click **Narrow Search Results** to add additional terms to your search.

5. To narrow your search results: enter a **secondary term** in the box. Or, click **diagnosis, patient information** or **treatment** to go directly to articles focusing on those aspects of your topic.

In this example, the search results were limited from 83 titles to 19 titles. Click a link to display the topic review.

UpToDate ONLINE 12.3

New Search Table of Contents Feedback

Enter a secondary search term OR click on:
[Diagnosis](#), [Patient information](#), [Treatment](#)

Search results for: Headache + Migraine headache

Adult Medicine, Obstetrics and Gynecology (19 titles)

Most Relevant Topics

- [Evaluation of headache in adults](#)
- [Acute and preventive treatment of migraine headache in adults](#)

Your topic review is displayed, as in the screen shot below:

Navigate through the topic review by using the outline. Click on the link to jump to the desired section.

Print or email the article.

UpToDate ONLINE 11.3

New Search

Evaluation of headache in adults

- ▶ [INTRODUCTION](#)
- ▶ [EPIDEMIOLOGY AND CLASSIFICATION OF HEADACHE](#)
- ▶ [PRINCIPLES OF THE HEADACHE EVALUATION](#)
 - [History](#)
 - [Diagnostic instruments](#)
 - [Danger signs](#)
 - [Other features suggesting a specific headache source](#)
 - [Physical examination](#)
- ▶ [HEADACHE TRIGGERS](#)
- ▶ [INDICATIONS FOR IMAGING STUDIES](#)
- ▶ [SUMMARY](#)
- ▶ [REFERENCES](#)

GRAPHICS

- [TABLES](#)
- [Common headache syndromes](#)
- [Headache triggers](#)

RELATED TOPICS

- ▶ [Pathophysiology, clinical manifestations, and diagnosis of migraine headache in adults](#)
- ▶ [Treatment of migraine headache in adults](#)
- ▶ [Approach to the patient with headache syndromes other than migraine](#)
- ▶ [Evaluation of headache in the emergency department](#)
- ▶ [Clinical presentation and diagnosis of brain tumors](#)

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Evaluation of headache in adults

UpToDate performs a continuous review of over 290 journals and other resources. Updates are added as important new information is published. The literature review for version 11.3 is current through September 2003; this topic was last changed on July 17, 2003. The next version of UpToDate (12.1) will be released in February 2004.

INTRODUCTION — Headache is a common complaint. The prevalence of headache is estimated to be 12% in the general population. Studies are less available and reliable for other chronic headache syndromes, but tension-type headache is more prevalent than migraine [2]. Both migraine and tension-type headache are more common in women, while cluster headache (excluding chronic paroxysmal hemicrania) is more common in men [2].

Like many other chronic disorders, migraine not only affects quality of life of the sufferer, but also causes economic burden for the society. A 1993 survey revealed migraine as the primary cause of 1.5 million lost workdays and 329,000 lost school days each year in the United States [3,4].

EPIDEMIOLOGY AND CLASSIFICATION OF HEADACHE — Many controversies exist in the literature regarding the nomenclature and classification of headache. The International Headache Society developed and published a new classification and diagnostic criteria in 1988 [5]. This system provides operational diagnostic criteria for headaches, cranial neuralgias, and facial pain syndromes.

Callouts:

- Click on the **authors** names to view affiliation and specialty.
- Click here to view **graphics** related to the topic.
- Click here to go to **related topics**.
- View **date** information here.

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