

HOSPITAL- BASED MASSAGE THERAPY FOR SERIOUSLY ILL PATIENTS

Hertzberg Palliative Care Institute
Brookdale Department of Geriatrics and Adult Development
Mount Sinai School of Medicine

1468 Madison Avenue @ 100th Street
Annenberg Building, 5th floor – Lecture Room A5-210A

June 6 - 7, 2009

Day One Agenda - Saturday 6/6/09

The Hospital as a Setting of Practice

8:30 am	Registration	
9:00 – 9:30 am	Welcome, Introductions & Course Review	<i>Jane Morris, MS, RN, LMT & JD Elder, BS, LMT</i>
9:30 – 10:35 am	Module 1: Palliative Care in Hospitals <i>Video - Miss. Gibbs</i>	<i>Jane Morris, MS, RN, LMT</i>
10:35 – 10:45 am	Stretch	
10:45 – 11:45 am	Module 2: Infection Control Care Considerations	<i>Elsa Santos-Cruz, CIC</i>
11:45 – 12:45 pm	Module 3: What Does It All Mean? <i>Medical Therapies & Common Medical Terminology</i>	<i>Susan McHugh-Salera, RN, MA, PNP & Jane Morris, MS, RN, LMT</i>
12:45 – 1:15 pm	Lunch (provided)	
1:15 – 2:45 pm	Module 4: Beyond Pills to Manage Symptoms <i>Common Medical Conditions: Implications for Practice</i>	<i>Gabrielle Goldberg, MD</i>
2:45 – 2:55 pm	Break	
3:00 – 4:30 pm	Module 5: Whole Patient Assessment <i>Massage Therapy in the Acute Care Setting</i>	<i>JD Elder, BS, LMT</i>

****Each module will be followed by an evaluation.***

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1468 Madison Avenue @ 100th Street
Guggenheim Pavilion, 2nd Floor, Hatch Auditorium

June 6 - 7, 2009

Day Two Agenda - Sunday 6/7/09

The Role of the Massage Therapist in Patient and Family Care: A Clinical Framework

8:30 am	Registration	
8:45 – 9:45 am	Module 6: Normal Changes of Aging <i>Common Geriatric Syndromes & Disorders</i>	Reena Karani, MD
9:45 – 11:45 am	Module 7: Massage Modification and Techniques <i>Massage Therapy in the Acute Care Setting</i>	JD Elder, BS, LMT
11:45 – 12:15 pm	Lunch (provided)	
12:15 – 1:45 pm	Exercise: Demonstration/Hands on Experience	Participants and Faculty
1:45 – 2:15 pm	Putting It All Together: A Case Study: <i>Miss. Gibbs Revisited</i>	Jane Morris, MS, RN, LMT JD Elder, BS, LMT
2:15 – 2:45 pm	Panel Discussion: What It Means To Do This Work <i>Palliative Care Institute LMT Volunteers:</i>	Sandra Cherry, LMT Sharon Houlihan, LMT, NCTMB, CLT Eva M. Pendelton, LMT Fran Whelan, RN, MA, LMT
2:45 – 3:00 pm	Exercise: Guided Meditation	JD Elder, BS, LMT
3:00 – 3:30 pm	Wrap Up and Program Evaluation	Jane Morris, MS, RN, LMT

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This program is sponsored by:
Balm Foundation
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Brookdale Department of Geriatrics and Adult Development, Mount Sinai School of Medicine