



Reaching Children Initiative: Strategies for Implementation



PUTTING IT ALL TOGETHER




Guideline:
Improve Your Referral Process




Working Your Way Through

- ◆ Assign someone in your practice to establish a mental health resources database
 - Insurance companies
 - Websites
 - Advocacy organizations
 - Patient word of mouth
 - Local professional organizations
- ◆ Learn what to do in a crisis
 - Nearest crisis center
- ◆ Become comfortable with psychosocial issues
 - Ask everyone!!!!
 - You don't need to solve everything at once!!!



Guideline:
Communicate with the Mental Health Professional and Coordinate Care



Working Your Way Through


- ◆ Establish a protocol for follow-up
- ◆ Establish each providers' responsibilities
- ◆ Have patient return– this helps to remind one to f/u with the specialist
- ◆ **ASK YOUR PATIENT TO PASS ON YOUR NAME OR A FORM TO THE MENTAL HEALTH PROVIDER**
- ◆ Deal with frustration when you are ignored!
- ◆ Establish an office point-person
 - It doesn't have to be you






The Best Thing


- ◆ Keeping this recommendation in mind, what is the very best thing that you associate with your applying this guideline?







 **The Obstacle**


- ◆ Sometimes things don't work out as well as one would have wished. What is the most important obstacle that stands in the way of your successfully applying this guideline?






 **Plan**


- ◆ What might you do to overcome or circumvent that obstacle?



 **“If..., then I will...”**

- ◆ If “this obstacle happens (in its typical context, i.e., when, where), then I will (carry out the specified plan/behavior).”
- ◆ “If..., then I will...”



 **END**

