

Protecting Children from Earthquake



It is important **to be safe** during and after an earthquake, and to teach children about it as well!

During an Earthquake

Drop, Cover, and Hold On is a quick way for kids to remember what to do in an earthquake.

Inside a house or building:



- Stay put! Do not try to run outside
- Get under sturdy desks or tables, or against an inside wall and hold on
- Stay away from windows or objects that may fall

Outside:



- Stay put! Do not try to run inside
- Get away from trees, buildings, powerlines, overpasses and street lights
- If you are in a car, pull over and stop

After an Earthquake

After an earthquake there are several things you can do to **keep yourself and children safe**:



Check children from head to toe for any injuries



Water may be dirty! Clean it by running it through a cloth and boiling it



Check for damage that may be dangerous for children (exposed wires, unstable walls or objects, etc.)



If the power goes out, remember to keep your generator outside

What is an Aftershock?



An Aftershock is a smaller earthquake that can happen after a large earthquake.

They can happen many times, and it is important to **prepare children** for them and review your Safety Plan!

If you come across **dangerous waste** after an earthquake, please report it to the National Response Center (1-800-424-8802) or to the EPA regional office for NY, NJ, Puerto Rico and U.S. Virgin Islands (1-212-637-4040)