

Getting an MRI

A Social Story

A Preparation Book Created by
The Child Life and Creative Arts Therapy Department



**The Child Life &
Creative Arts Therapy
Department**



**Mount
Sinai**

Kravis Children's Hospital



Today I will have a MRI. A MRI is a big camera that will take pictures of my body. It looks like a giant circle with a bed. It is safe.



First, I will ride to the MRI in a bed or chair with wheels. Someone I know will be with me.



Then, I will wait in this room. Sometimes waiting is hard. I can bring a toy, book, or tablet with me to help me wait.



Next, a technician will take me into the room where the MRI is and I will lie on the bed.



Then, the bed will move inside the MRI. The MRI will not touch me. I will keep my body very still.



I might need medicine to help the doctors see the pictures better. This medicine with go through the little straw in my hand or arm. It might feel warm.



The MRI will make loud sounds. I can wear ear plugs or headphones to make it less noisy.



If I need it, I will breathe in medicine that will help me sleep during my MRI.



I will ride back to my room in the bed or chair with wheels.